

## **Junior Men's Report Round 7**

### **U/14**

We were out at Williamstown this week to see many great performances and to also see the under 14's consolidate 2nd spot on the ladder. Caleb had yet another solid 1500m but it was Carlo and Ben who both went under the 5min barrier. There was a great turn out to the javelin for the U/14's with Dom, Alex and Ethan who all threw well, with the aid of a nice wind. However it was quite the opposite for Alex and Dom on the discuss when they had to throw into a headwind. And you might begin to see a common denominator in Ethan who toughed it out in the 100m and the 400m as well. Well done Ethan. Despite it not being biggest turn out for the U/14's, they still didn't fail to disappoint. Well done fellas and I will look forward to seeing you next Thursday.

### **U/16**

Now I'm going to go out there and say that this week was one of the smallest turnouts for the U/16. Congratulations to those who did compete James, Thomas and Lachlan as we still saw some great results. Tom did well considering it being one of his first running appearances for the year and likewise, James continues to perform in the distance events. Now correct me if I'm wrong but it was Lachlan Pettigrove's first day of Athletics Victoria competition this week and he certainly impressed with a huge throw of 33.12m in the Javelin. Well done boys and I hope to see a more abundant U/16 crew next Thursday.

### **U/18**

To the U/18's now, and with a few more numbers, they were able to retain top spot on the ladder. With athletes competing in a wide range of events today, there were many commendable distances and times. Sam had a great run in the 400m with a 55sec and Kaleb likewise going sub 60secs which was getting further and further away with that strong headwind that hits you down the final straight. It was also good to see Michael going 200m further than I'm used to. Now to the field and it was Daniel who took advantage of a nice wind throwing 32.34m in the Javelin and he backed this up with a splendid 100m to follow. It was also great to see Jake back in action after some time out and a Happy Birthday to Patrick, what a way to spend your birthday, tearing up the track at Williamstown on a Saturday afternoon. Well done to everyone else who competed, Tim and Hayden and I look forward to more success next Thursday at Aberfeldie.