

Junior Mens Report Round 3

We were out at the beach this week for round 3 and despite some minor mistakes from officials, the junior men were having a day out.

U/14

The U/14's, after this week, are sitting nicely in second place which was largely thanks to a huge team performance this week. They gained a whopping 624 point which is an outstanding effort. From the start you could see the boys were having a day out with Ethan and Dom in the walk, and their success rolled on into the distance and throwing events as well. Caleb had a ripper of a run in the 1500 running a exceptional 4:32, and embarrassingly, he beat me home which I'm sure will grant him some bragging rights. And more of these bragging rights were claimed by Alex, when he stretched that little bit further mid flight to sneak past Ethan's jump by only 5 centimetres. And yet another commendable effort goes to Daniel Deasy in the Javelin, with a mighty throw of exactly 24 metres. That's certainly further than I can ever remember throwing. Well done Daniel. Well done to all the boys, Ben, Alex, Ethan, Dom, Daniel and Caleb, hope to see you all next week.

U/16

The u/16 crew also did a great job last week at the track and are doing great at holding the 3rd position on the ladder despite low numbers. And again it was another team effort put in by the boys, especially by James and Nicolas, when they had to repeat their 1500m after the officials had them finish 1 lap short. And I can tell you now, it looked painful. Lachie continues to impress during the walk as always even when the distance just seems to get longer and longer, and Shannon again was killing it in the jav and discus, launching that disc 49.52m! Enough said. Again, well done to all athletes last week, and I look forward to some more great runs, throws and jumps next week.

U/18

Despite there being no re-run of the 1500m for any of our U/18 boys, their respective races were still tough but that didn't stop them. Patrick again off to a blistering start (on the tail of Mitch Brown) as he showed no mercy and came home with an equal PB. And taking about PB's, it was Hughesy who had a sterling run in the 1500m to grant himself the pride of breaking 4:30, and that also of a new PB. But there was more greatness to come, which seems to be a common theme here at the junior men, with Sam with an awesome run of 56.52 in the 400m, and with Timothy only 0.37sec behind, I'm sure looking forward to some 400m battles in the rounds to come. Tim also demonstrated his sheer athletics ability when he went on to throw the javelin a massive 31:05m, and his work only got better as he backed this up with a superb leg of the 4x100m relay. Great stuff to Michael, Daniel, Tim, Bryleigh, Sam, Patrick, Hayden and last but certainly not least Damian (aka Hughesy), and I look forward to seeing you all again for round 4.

Great stuff everyone, see you next week.

Alex