



Round 3 June 31st Brimbank Park,

Well another sunny day for a Cross country run, this time on our home soil. A somewhat subdued KSB contingent, compared to previous years gathered for the Heritage round. Bianca found some stylish bum huggers, and Carolyn in her old time top, good work Bee and Carolyn (I'm sorry if I missed others as I arrived shortly before the start due to work commitments).

After an almost ankle deep water experience in the ladies toilets Tania and Carolyn were out of the bathrooms like a shot, unsure of what surprises may be lurking in the water had they gone in and investigated further. Interestingly the toilets were closed down very soon after. Fortunately the porta loos had been delivered and all disasters were averted.

Some form of cattle run/ maze of ropes were assembled near the start line for athletes to get herded into. I am still wondering what the purpose of it was. The Bernadettes in the Premier division were called to the front and unfortunately missed starting in the cattle run, but our other Bernadette got to enjoy the experience. A brief moment of panic was averted for Carolyn as the ever calm Tania managed to undo the quadrupled knotted shoes of Carolyn within seconds of the gun going off. Tania " I've got it, hang on, I've got it, hang on, I've got it, hang on, there is just one more!!)Once the gun went off the Bernadettes were off and racing. The Col d' Brimbank didn't disappoint and all team members worked hard to achieve a successful ascent with great encouragement from our juniors and many other supporters. Ian's authentic South African vuvuzela got a decent work out, which was great to see.

First in for the Bernadettes was Emma Brown placed 55th followed by Bianca 98th. Carolyn came in just under 30secs behind Bee which was a great effort after recently completing the Great Ocean Road marathon. The 2 K/Caths rounded out our Premier team. Well done to Tania, Janet and Nicole for bringing home the Div 3 team. Carolyn, Cathy and Tania managed to double up on points and count for our women's 40+ team as well. We did have a few withdrawals from the team this week unfortunately due to illness, so I hope both Elise and Monica will be returning to better health soon. It was great to have Elise out there supporting even though she was unable to race. Unfortunately, Brimbank was Elise's last opportunity to don the Blue, Black and Gold before she heads overseas for work. We wish you all the best Elise and look forward to your safe return. There has been a shift in the leader of our Top Dog competition after Brimbank, Bianca now has the current holder of the title Top Dog. Please refer below for more details.

I must say a big Thank you to Ian and his team who set up the course on Friday and also thanks to those who stayed behind to pack up the course at the end of the day on Saturday. It was nice to be able to celebrate Peter's 60th birthday at the end of the racing and replenish stores before heading out on the pack up. Thanks also to Linda, Corey, Janet and Cathy for helping me with the timekeeping in Ron's absence.

To finish on a high. Congratulations to Janet Moloney who is currently ranked 3rd in the state in her individual age group. Great Work Janet!!!!

Your Captain, Maria

Results

Premier League	
Emma 25.42	Tania 31.51
Bianca 27.37	Janet 38.28

Carolyn 28.01	Nicole 39.20
Kath 29.31	
Cathy 30.53	

Next Event: Round 4 June 21st Bundoora.

Date: Saturday 21st June: Women's 8km Race

Entries close: **Wednesday 18th June at 12pm**

If you intend to run in this event **you must purchase either an individual entry, open women \$30 or a seasons ticket, open women \$90 by Wednesday June 18th.** My advice would be to ensure you have done it by Tuesday as sometimes difficulties are encountered when it comes to online entries. (If you are looking at running in 3 or more races the obvious choice is the season's ticket).

Ron will be away in the lead up to this event and I have been nominated as Team Manager so AV will be sending me the info on this round. As Ron is away could you please let me know when you enter or have purchased a seasons ticket as I will need to check the entries to ensure you are on the list and haven't accidentally been left off AV's list. I will need to follow this up with AV prior to the day and will only know you have entered if you advise me, please use email provided or my number is 0417393143

Top Dog (New Title wanted, suggestions welcome)

OPEN

Name	Place	Rnd 1	Rnd 2	Rnd 3	Cum' total
Elise	3 rd	10	10		20
Carolyn	5 th	9		8	17
Emma	4 th		9	10	19
Bianca	1 st	8	8	9	25
Monica	6 th	7	6		13
Cathy	2 nd	6	7	6	21
Tania	8 th	5		5	10
Kath	7 th	4		7	11
Nicole	7 th	3	5	3	11
Janet	9 th		4	4	8

40+

Carolyn	2nd	10		10
Cathy	1st	9	10	9
Tania	3rd	8		8
Janet	3rd		9	7