

Keilor St Bernard's Athletic Club Inc

King and Queen of Mountains

Patrick Matthews is this years King of the Mountain narrowly beating Damien Hughes for the title.

Maria Abfalter set a steady pace to win the Queen Title after which has eluded her for many years.

Jacob Bell also just managed to beat younger brother Nick in a tussle for the Junior Prince of the Mountain and Ashleigh Tonelli chasing brother Alex up the Mountain was the new princess

Results are as follows

Patrick Matthews	26.52.00		
Damien Hughes	26.59.15	Jacob Bell	22.17.12
Lachlan Brown	27.51.19	Nick Bell	22.23.19
Rob Trott	28.42.16	Alex Tonelli	25.57.94
Dominic Michienzi	28.08.34	Tonelli Dog	31.06.37
Peter Gaffney	30.40.66	Marco Tonelli	31.08.37
Kaleb Laker	30.58.00		
David Abfalter	30.59.66		
Laz Sarris	37.56.51		
Maria Abfalter	36.15.19	Ashleigh Tonelli	26.21.44
Cathy Matthews	39.45.01	Julia Irons	30.40.12
Kezia Laker	43.44.90	Rhiannon Matthews	39.11.93
Kate Abfalter	43.44.91	Elaine Irons	39.11.94

Following the race most of the members jogged back to the start where International Chef Ian Upton was preparing his last meal before his departure for the continent of Africa where rumor has it he is to take over the chef duties on Sunnyvale Farm much to the chagrin of daughter Liz who no doubt remembers the many charcoal snags Ian used to produce prior to the introduction of flameless barbeques. Rest assured this chef is now of international standard proof the whole 40 sausages he prepared today were all eaten by humans the 2 dogs present did not get a look in nor did the beagles. We all bid Ian a safe journey and return in time for Brimbank Park run.

Ron