



Junior Men's 2013

Pre-Christmas Wrap



The 2013-14 athletics season has started strongly for the KSB Junior Men's teams, with both outstanding individual and team performances. With five rounds of shield behind us the Junior Men are in solid ladder positions. The under eighteen team are currently sitting in fourth but with a big effort after Christmas will push Williamstown for third. The under sixteen first team is a narrow second, just behind Western Athletics and will need to produce some of last years dominant performances to take the premiership. The under fourteen first team are the opposite, sitting at the top of the ladder just above Western, but the work is not done yet with seven rounds to come to maintain their lead. In the first five rounds the average number of events per day for KSB Junior Men was 3. Dominic Sykes competed in the most events with a total of 29 in the five rounds. I would like to challenge everyone to follow Dominic's lead and try something extra to add to the team points.

The Junior Men's team came back strongly from winter training or rest, with many new PBs set in the first few rounds. For the first four rounds of the season the under sixteen relay teams beat the under eighteen team to the line. I would like to say we were just giving them a go but after four rounds I'm pretty sure that's not right. We spent weeks searching for a winning combination and found it with a late inclusion to the under eighteen team, Alex Sykes, who proved to be the race winner in round five.

I hope everyone in the team continues to enjoy their Saturdays at Shield and aim to challenge their PBs in the next seven rounds.

Junior Men's Ladders at the end of Round 5

Men U18		<u>Pts For</u>	<u>Pts Agst</u>		<u>Ldr Pts</u>
ATE	Essendon	2,219.00	5,769.00	38.46%	40.00
WES	Western Athletics	1,897.50	6,090.50	31.16%	36.00
WTN	Williamstown	1,320.50	6,667.50	19.81%	30.00
KSB	Keilor St Bernards	1,239.00	6,749.00	18.36%	26.00
BWK	Brunswick	895.00	7,093.00	12.62%	23.00
COB	Coburg	366.00	7,622.00	4.80%	12.00
MUU	Melbourne Uni	51.00	7,937.00	0.64%	4.00
Men U16		<u>Pts For</u>	<u>Pts Agst</u>		<u>Ldr Pts</u>
WES	Western Athletics	3,610.50	10,722.50	33.67%	51.00
KSB	Keilor St Bernards	4,002.00	10,331.00	38.74%	49.00
WTN	Williamstown	2,398.50	11,934.50	20.10%	40.00
ATE	Essendon	1,460.00	12,873.00	11.34%	34.00
WES	Western Athletics 2	1,004.50	13,328.50	7.54%	27.00
KSB	Keilor St Bernards 2	650.00	13,683.00	4.75%	20.00
WTN	Williamstown 2	616.00	13,717.00	4.49%	18.00
WYN	Wyndham	313.00	14,020.00	2.23%	15.00
COB	Coburg	278.50	14,054.50	1.98%	11.00
Men U14		<u>Pts For</u>	<u>Pts Agst</u>		<u>Ldr Pts</u>
KSB	Keilor St Bernards	3,269.50	6,803.50	48.06%	51.00
WES	Western Athletics	2,993.00	7,080.00	42.27%	49.00
BWK	Brunswick	1,841.00	8,232.00	22.36%	38.00
ATE	Essendon	1,275.50	8,797.50	14.50%	37.00
WES	Western Athletics 2	206.00	9,867.00	2.09%	20.00
WTN	Williamstown	254.00	9,819.00	2.59%	17.00
KSB	Keilor St Bernards 2	175.00	9,898.00	1.77%	12.00
BWK	Brunswick 2	59.00	10,014.00	0.59%	10.00