

Junior Men's Report Round 10

U/14

The U/14 men were a little low on numbers this week at the the zone v zone competition down at Aberfeldie, but that didn't stop our true athletes in James Hall and Alex Tonelli, who did very well in all their events to help the U/14 team stay in 2nd spot on the ladder going into the Shield Final. They competed in both sprints and distance events with some field events finding their way into their day too. Very well done to both boys and we'll hope to see a bigger turn out to the shield final.

U/16

Now the U/16 boys did better than the U/14's by having not 2, but 3 athletes out there on the track. Lachlan and Cory did very well in the distance events, which includes the walk, and Shannon was out in the field continuing to impress in the shot put and hammer. Shannon's huge throw of 43:67m in the hammer is certainly one that deserves to be commended and so too his throw in shot put, but mind you, Lachie isn't far behind. Well done to Cory who had a great run in the 800m and it was great to see you all out there despite the low numbers. Well done fellas.

U/18

Every week, the U/18 boys have no problem with numbers and have an abounding number of athletes competing in all events, and this week was no different. It was Michael who claims bragging rights this week in the 200m with a super run of 23:60, I'm not sure if that's a PB Michael, but its pretty dam quick! I think most of the distance runners stumbled having maybe not raced/run/trained in a while, but TJ (Tom Jakab) was clearly not phased having spent a little time on the sidelines due to injury, and I'm sure there's more of TJ to come. Shea was consistent as always in the walk as he has been throughout the season, and the points he collects by himself in the walk is great for the team since no one else does the walk. Great job and well done to everyone who competed this week and I look forward to seeing those of you who will be competing at Shied final.

Alex