

## **Junior Men Round 6**

We were in for a big day right from the start on Saturday as we had the first “Zone vs Zone” down at Aberfeldie, which also included some huge numbers as well.

### **U/14**

Despite the large numbers it was actually a great day for racing, the conditions weren't too hot and there were more people to run with. Caleb had some great times in the 200 and the 800m but it was especially great to see Carlo Alderuccio down to the track for his first appearance in the KSB singlet and going by his time in the 800m, I hope it's not his last. The U/14 boys can always be commended for the enthusiasm that they bring each week to the track but this week it was particularly evident in the sense that Carlo, Ben, Alex and Dom all stuck around for the 3000m. Commitment at its finest. Well done to Ethan as well, those early Sunday morning hurdle sessions are definitely showed in his 200m this week. Well done to Ethan and to the rest of the boys with the consistent numbers that compete each week, helping you maintain that top spot on the ladder

### **U/16**

Now despite a “slight” lack of numbers coming from the U/16 age group, we definitely still had some stellar performances which deserve recognition. Riley's superb 200m hurdles definitely backed up his amazing performance at all schools the previous week. Great stuff Riley. And Shannon continued to impress in the shot and hammer with a huge 42.73m. Great stuff for the two U/16 boys maybe you'll have some more company next week.

### **U/18**

With the U/18's having a larger age group it's not as hard to field a team. It was Michael who led a wide array of KSB runners in a superb 200m and likewise, it was Jai who had the finishing kick during the 800m which gained him the edge on some fellow KSB rivals. Special mention to Kaleb Laker who's first time on the track for KSB was definitely a good one and a face we are sure to see again. It was Shea this week who was great in the walk, the hardest event as voted by me, and similarly Tim and Sam who showed excellence in the 400m hurdles after quite a long wait as I'm sure they'll agree. But special mention of the day goes to Daniel Bond with his amazing jump of 1.70m in the high jump which is a superb effort, well done Daniel. Great stuff to all who competed this week Daniel, Bryleigh, Michael, Sam, Shea, Tim, Jai, Kaleb, Hayden, Patrick, and I hope to see the same success next week for round 7.

Well done to all and see you for round 7.

Alex